

Housing/ Homelessness



Exeter City Council Housing Team:

- Drop-in assessment & support
Civic Centre, Paris St 9am—5pm, Mon—Fri
- 01392 265726 9am—5pm, Mon—Fri
01392 265147 *out-of-hours emergency no.*
- www.exeter.gov.uk/housing/

St Petrock's:

- Drop-in support; rough sleeper services
10 Cathedral Yard, EX1 1HJ
- 8am—1pm Mon/Tues/Thurs/Fri, 8am—12 Weds*
- 01392 422396 (office) / 01392 217550 (centre)
- www.stpetrocks.org.uk

Assertive Homeless Outreach Services & Streetlink:

- Support for rough sleepers
- Wat Tyler House, 3 King William St, EX4 6PD*
- 01392 284287 (Mon—Fri)
0300 500 0914 (*Streetlink 24/7 hotline*)
- www.streetlink.org.uk

Young Devon Homelessness Prevention:

- Support for people aged 16-17 yrs & care leavers
- YES Centre, LBD House, George St, EX1 1DA*
- Mon, Wed & Fri 2pm—4pm*
- 01392 331666
- www.youngdevon.org/youth/housing

Nightstop Devon:

- Emergency accommodation for young people aged
16—25 with host families
- 01392 573606
- www.julianhouse.org.uk

Health & Support



NHS Walk In Centres:

- RD&E Hospital, Barrack Rd, EX2 5DW*
Mon—Sun 7am—10pm
- 31 Sidwell St, Exeter, EX4 6NN*
Mon—Sat 8am—4pm, Sun 10am—4pm

TalkWorks (Depression & Anxiety Service):

- 0300 555 3344
- <https://www.talkworks.dpt.nhs.uk/>

The Moorings (Drop-in Mental Health Support)

- Drop-in *St Leonards GP Practice, Exeter, EX1 1SB*
6pm—midnight, 7 days a week
- 07990 790 920
- <https://www.mhm.org.uk/the-moorings-devon>

Samaritans:

- Drop-in *10 Richmond Road, Exeter, EX4 4JA*
10.30am—9.30pm, 7 days a week
- 116 123 (Freephone—24hrs)
- www.samaritans.org/branches/exeter

Rape & Sexual Abuse Line:

- 0808 800 0188 Tues—Thurs, 7pm—10pm

Cruse Bereavement Care:

- 0808 808 1677
- www.cruse.org.uk

Choices Pregnancy:

- 07826 715377
- www.choicespregnancycentre.co.uk/

Age UK:

- Support for people aged 62yrs+ & their carers
- 01392 202092 *Mon—Fri, 9.30am—4pm*

Next Meal: (Free food in Exeter)

- <https://nextmeal.co.uk/>



Need more support?

Organisations and websites that can help with:



Benefits



Money Advice/Debt



Work & Employment



Housing/Homelessness



Health & Support



Family/Relationships

Organisations shown in green text are also Exeter
Foodbank voucher distributors.

If you have any further **comments** or **suggestions** about your experience of **Exeter Foodbank**, **getting vouchers** or **receiving further support** you can contact us at feedback@exeterfoodbank.org.uk. Your feedback and contact details will only be used anonymously to help improve our services.

www.exeterfoodbank.org.uk

07818 226524

Registered Charity Number: 1128795

Updated 14/11/2019

Benefits



DWP Freephone: (8am—6pm, Mon-Fri)

General benefit enquiries 0800 169 0310

Universal Credit 0800 328 5644


PIP enquiries & new claims 0800 917 2222

Pension Credit 0800 99 1234


 www.gov.uk/browse/benefits

Universal Credit Help to Claim Service

 0800 144 8444 Mon—Fri, 8am—6pm

 Online webchat <https://www.citizensadvice.org.uk/about-us/contact-us/contact-us/help-to-claim/>

Citizens Advice Exeter:

 General drop-in info & support, Civic Centre, Dix's Field. Mon, Tues, Thurs, Fri 10am—3.30pm
(Information services only) Weds 10am—1pm

 Adviceline & phone assessments 03444 111 444

 www.citizensadviceexeter.org.uk

Exeter City Council:

 Drop-in benefit support Civic Centre, Paris St
Mon—Fri 9am—5pm


 01392 277888

 www.exeter.gov.uk/benefits-and-welfare/

Turn2Us:

 Benefits calculator. Grant search. Benefits advice
www.turn2us.org.uk


Job Centre Plus Exeter:

 Drop-In Support Clarendon House, Western Way
9am—5pm, Mon, Tues, Thurs, Fri. 10am - 5pm Weds

Money Advice & Debt



Citizens Advice Exeter:

 Drop-in info & support Civic Centre, Dix's Field
Mon, Tues, Thurs, Fri 10am—3.30pm
(Information services only) Weds 10am—1pm

 Adviceline & phone assessments 03444 111 444


 www.citizensadviceexeter.org.uk

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Christians Against Poverty:

 Free debt help (Closed to new clients until Feb 2020)
<https://capuk.org/i-want-help/our-services/cap-debt-help/>

National Debtline:

 0808 8084000 Mon—Fri 9am—8pm, Sat 9.30—1pm

 www.nationaldebtline.org

Warm Home Discount Scheme:

Winter utility bills discount for people on low incomes

 www.gov.uk/the-warm-home-discount-scheme

South West Water Discount Schemes:


Discounts for people on low incomes, with large families or certain health conditions

 www.southwestwater.co.uk/bills/struggling-to-pay/

Work & Employment




Job Centre Plus:

 Drop-in support Clarendon House, Western Way
9am—5pm, Mon, Tues, Thurs, Fri. 10am - 5pm Weds

Exeter Library:

Free public computers & internet access

 Open 7 days/week— Castle Street, Exeter, EX4 3PQ

 www.devonlibraries.org.uk/

Business Debtline:

 0800 197 6026 9am-8pm, Mon—Fri

 www.businessdebtline.org

Family & Relationships



Healthy Start Vouchers:


Free milk, fruit & veg etc for children under 4 on benefits

 www.healthystart.nhs.uk/


Child Maintenance Options:

Help with child costs when parents are separated

 www.cmoptions.org

 0800 988 0988

Devon County Council Free Childcare:

 devon.gov.uk/educationandfamilies/early-years-and-childcare/childcare

Relate Counselling:

 www.relate.org.uk/relationship-help/