

## OUR SUPPORT

Exeter Foodbank receives amazing support across the city, visibly seen through the generosity of the public who regularly donate food into our in-store supermarket donation boxes. We are also privileged to have over 100 volunteers, from all walks of life, offering their time and physical energy to ensure that the donated food reaches the people who most need it.

However, practical help isn't the only support we need. There are many hidden costs in running the Foodbank such as rental of premises to store and distribute the food, the running of two vans (you can't put baked beans in a petrol tank!), various insurances and two part time staff salaries, to name but a few.

To keep the Foodbank afloat we need to cover these regular costs with regular donations.



## OUR ETHOS

We would like to assure you that the money you donate will only be used to support the Foodbank's work. We are small and keep our overheads to a minimum. In donating to the Foodbank you can always trust your money is being used to best effect.

## HELP US PLAN AHEAD WITH CONFIDENCE

By donating, you join us in helping mums & dads, children, pensioners, people in work and looking for work, those who are sick and disabled and many others who, for one reason or another, have found themselves in a crisis where even food is difficult to provide

**All donations are used for the maintenance and development of the Foodbank's work.**

**WE VALUE ALL DONATIONS**

## THANK YOU!

Not just from the Foodbank staff and volunteers but from the many folk you will help!

**Regular contributions are vital to ensure the sustainability of the Foodbank**

## CONTACT US



PO Box 661 • Exeter • Devon • EX2 7QU

Email: [info@exeterfoodbank.org.uk](mailto:info@exeterfoodbank.org.uk)

General enquiries: 07818 226 524

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**HELP FEED  
LOCAL PEOPLE  
IN NEED**

## OUR ACHIEVEMENTS

Since last year Exeter citizens, schools, churches and businesses donated 51831.2 kg of non-perishable food via 9 supermarket donation boxes, harvest festivals and one off collections. This enabled us feed on average 80 people per week, referred to us by 120 different agencies who partner with us and issue our vouchers. Over 100 volunteers work hard to distribute the food to those in crisis.



## WHO DO WE HELP?

Exeter Foodbank works with over 120 different professional agencies in the city such as doctors, health visitors, social workers, CAB, schools, Exeter City Council and police, to name just a few, to identify people in crisis and issue them with a Foodbank voucher.

*"I am a single person, aged 21. living in Exeter YMCA. I've got a job but they can't guarantee my hours as I am on a zero hour contract. Due to lack of hours at work I had only been paid a little and had to pay for rent and travel. I don't have any money for food."* Exeter Foodbank Client

*"Me, my partner and our 2 year old daughter receive no more than £50 a week in tax credits. I have juvenile arthritis so working for me is impossible at the moment but we manage how we can and as much as we can."* Exeter Foodbank Client

## HOW DO WE HELP?

Schools, churches, businesses & individuals donate non-perishable, in-date food to Exeter Foodbank, with donations from the general public into instore donation boxes being one of the key sources of food.

Foodbank clients bring their voucher to the Foodbank centre where it is redeemed for three days' emergency food and some basic toiletries. Volunteers meet clients and are able to signpost people to agencies who can offer further advice and support.

## HOW CAN YOU HELP?

**Friends of Exeter Foodbank** support us with regular financial donations to ensure that the work to feed local people in crisis can continue.

Please help us by signing up with a regular standing order that will establish the Foodbank on a secure, sustainable footing.

### £10 PER MONTH

COVERS POSTAGE COSTS

### £12 PER MONTH

COVERS THE COST OF TAXING 1 VAN

### £20 PER MONTH

COVERS THE RENT OF OUR MAIN DISTRIBUTION CENTRE

### £35 PER MONTH

COVERS OUR PHONE / INTERNET COSTS

### £40 PER MONTH

KEEPS THE PETROL TANKS IN THE VANS TOPPED UP

# BECOME A FRIEND OF EXETER FOODBANK NOW

## BY CONTACTING US IN ANY OF THE FOLLOWING WAYS

✂ Email [info@exeterfoodbank.org.uk](mailto:info@exeterfoodbank.org.uk)  
Call **07818 226 524**  
| [facebook.com/exeterfoodbank](https://www.facebook.com/exeterfoodbank)  
| [twitter.com/exeterfb](https://twitter.com/exeterfb)  
| [www.exeter.foodbank.org.uk](http://www.exeter.foodbank.org.uk)

| If you would like us to contact you please fill in your details

| Title .....

| First name or initial(s).....

| Surname .....

| Address .....

| Postcode .....

| Phone .....

| Email.....

And send to:

**PO Box 661 • Exeter • Devon • EX2 7QU**

It is very important to us that your details are never shared so please complete the sign up form with confidence.

We will then send you the details to start your giving



You can give any sum from £1 to £10 by texting EXFB13 plus the amount to 70070  
EG to give £5.00 just text EXFB13 £5 to 70070